

PORTACATH PILLOW

You know how irritating it can be when the seat belt rubs against your neck and chest? Imagine what it is like with a surgically-inserted port in the chest for the infusion of medicine for cancer patients. This little pillow attaches to the seat belt of the car to protect that area. It is a simple sewing task with great results. It can be moved to the driver's side or the passenger's side with little effort.

Supplies: soft flannel, fleece or Minky
 polyester fiberfill
 soft and flexible Velcro or any hook and loop product
 (Do Not Use Adhesive-backed product)

INSTRUCTIONS:

1. Cut two pieces of fabric 4"x7" (front and back)
2. Cut 2 pieces of Velcro 3 1/2". Release the pieces and reposition so that they measure 4". A bit of each side will NOT be covered. That is the way it should be. These ends will be sewn into the seam.
3. Place Velcro on the right side of fabric in the middle of one of the pieces of fabric. Pin in place.
4. Place the second piece of fabric over the first, right sides together. Pin in place.
5. Sew the two pieces of fabric together around the perimeter using about a 1/4" seam. Leave about a 2" opening so you can turn it right side out.
6. Trim corners to produce a sharp corner when turned right side out.
7. Turn right side out.
8. Stuff with polyfill until it is firm, not hard. Imagine a hard pillow against a port. Think how uncomfortable that would be.
9. Close the opening by hand with a ladder stitch or use your sewing machine.

Viola! You are done!